[No one saves us but ourselves. No one can and no one may. We ourselves must walk the path.](http://www.brainyquote.com/quotes/quotes/b/buddha385920.html?src=t_strength)

[**Buddha**](http://www.brainyquote.com/quotes/authors/b/buddha.html)

[Strength and growth come only through continuous effort and struggle.](http://www.brainyquote.com/quotes/quotes/n/napoleonhi152854.html?src=t_strength)

[**Napoleon Hill**](http://www.brainyquote.com/quotes/authors/n/napoleon_hill.html)

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[Strength does not come from winning. Your struggles develop your strengths. When you go through hardships and decide not to surrender, that is strength.](http://www.brainyquote.com/quotes/quotes/a/arnoldschw116694.html?src=t_strength)

[**Arnold Schwarzenegger**](http://www.brainyquote.com/quotes/authors/a/arnold_schwarzenegger.html)

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[A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles.](http://www.brainyquote.com/quotes/quotes/c/christophe141891.html?src=t_strength)

[**Christopher Reeve**](http://www.brainyquote.com/quotes/authors/c/christopher_reeve.html)

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[Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved.](http://www.brainyquote.com/quotes/quotes/m/mattiestep319300.html?src=t_strength)

[**Mattie Stepanek**](http://www.brainyquote.com/quotes/authors/m/mattie_stepanek.html)

[Be sure you put your feet in the right place, then stand firm.](http://www.brainyquote.com/quotes/quotes/a/abrahamlin383153.html?src=t_strength)

[**Abraham Lincoln**](http://www.brainyquote.com/quotes/authors/a/abraham_lincoln.html)

[Some of us think holding on makes us strong; but sometimes it is letting go.](http://www.brainyquote.com/quotes/quotes/h/hermannhes384604.html?src=t_strength)

[**Hermann Hesse**](http://www.brainyquote.com/quotes/authors/h/hermann_hesse.html)

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[Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, ambition inspired, and success achieved.](http://www.brainyquote.com/quotes/quotes/h/helenkelle101340.html?src=t_strength)

[**Helen Keller**](http://www.brainyquote.com/quotes/authors/h/helen_keller.html)

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[You have power over your mind - not outside events. Realize this, and you will find strength.](http://www.brainyquote.com/quotes/quotes/m/marcusaure143090.html?src=t_strength)

[**Marcus Aurelius**](http://www.brainyquote.com/quotes/authors/m/marcus_aurelius.html)

[Permanence, perseverance and persistence in spite of all obstacles, discouragements, and impossibilities: It is this, that in all things distinguishes the strong soul from the weak.](http://www.brainyquote.com/quotes/quotes/t/thomascarl156180.html?src=t_strength)

[**Thomas Carlyle**](http://www.brainyquote.com/quotes/authors/t/thomas_carlyle.html)

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[Strength does not come from physical capacity. It comes from an indomitable will.](http://www.brainyquote.com/quotes/quotes/m/mahatmagan122084.html?src=t_strength)

[**Mahatma Gandhi**](http://www.brainyquote.com/quotes/authors/m/mahatma_gandhi.html)

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[A truly strong person does not need the approval of others any more than a lion needs the approval of sheep.](http://www.brainyquote.com/quotes/quotes/v/vernonhowa388770.html?src=t_strength)

[**Vernon Howard**](http://www.brainyquote.com/quotes/authors/v/vernon_howard.html)

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[The world breaks everyone, and afterward, some are strong at the broken places.](http://www.brainyquote.com/quotes/quotes/e/ernesthemi152913.html?src=t_strength)

[**Ernest Hemingway**](http://www.brainyquote.com/quotes/authors/e/ernest_hemingway.html)

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[I love those who can smile in trouble, who can gather strength from distress, and grow brave by reflection. 'Tis the business of little minds to shrink, but they whose heart is firm, and whose conscience approves their conduct, will pursue their principles unto death.](http://www.brainyquote.com/quotes/quotes/l/leonardoda120053.html?src=t_strength)

[**Leonardo da Vinci**](http://www.brainyquote.com/quotes/authors/l/leonardo_da_vinci.html)

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[Out of suffering have emerged the strongest souls; the most massive characters are seared with scars.](http://www.brainyquote.com/quotes/quotes/k/khalilgibr386848.html?src=t_strength)

[**Khalil Gibran**](http://www.brainyquote.com/quotes/authors/k/khalil_gibran.html)

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[Nobody can hurt me without my permission.](http://www.brainyquote.com/quotes/quotes/m/mahatmagan109079.html?src=t_strength)

[**Mahatma Gandhi**](http://www.brainyquote.com/quotes/authors/m/mahatma_gandhi.html)

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[It doesn't take a lot of strength to hang on. It takes a lot of strength to let go.](http://www.brainyquote.com/quotes/quotes/j/jcwatts444610.html?src=t_strength)

[**J. C. Watts**](http://www.brainyquote.com/quotes/authors/j/j_c_watts.html)

[There are dark shadows on the earth, but its lights are stronger in the contrast.](http://www.brainyquote.com/quotes/quotes/c/charlesdic385128.html?src=t_strength)

[**Charles Dickens**](http://www.brainyquote.com/quotes/authors/c/charles_dickens.html)

[All the adversity I've had in my life, all my troubles and obstacles, have strengthened me... You may not realize it when it happens, but a kick in the teeth may be the best thing in the world for you.](http://www.brainyquote.com/quotes/quotes/w/waltdisney130929.html?src=t_strength)

[**Walt Disney**](http://www.brainyquote.com/quotes/authors/w/walt_disney.html)

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[Silence is a source of great strength.](http://www.brainyquote.com/quotes/quotes/l/laotzu130682.html?src=t_strength)

[**Lao Tzu**](http://www.brainyquote.com/quotes/authors/l/lao_tzu.html)

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[Don't wait for extraordinary opportunities. Seize common occasions and make them great. Weak men wait for opportunities; strong men make them.](http://www.brainyquote.com/quotes/quotes/o/orisonswet176010.html?src=t_strength)

[**Orison Swett Marden**](http://www.brainyquote.com/quotes/authors/o/orison_swett_marden.html)

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[When adversity strikes, that's when you have to be the most calm. Take a step back, stay strong, stay grounded and press on.](http://www.brainyquote.com/quotes/quotes/l/llcoolj417684.html?src=t_strength)

[**LL Cool J**](http://www.brainyquote.com/quotes/authors/l/ll_cool_j.html)

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[Only the weak are cruel. Gentleness can only be expected from the strong.](http://www.brainyquote.com/quotes/quotes/l/leobuscagl131976.html?src=t_strength)

[**Leo Buscaglia**](http://www.brainyquote.com/quotes/authors/l/leo_buscaglia.html)

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[Climbing to the top demands strength, whether it is to the top of Mount Everest or to the top of your career.](http://www.brainyquote.com/quotes/quotes/a/apjabdu387425.html?src=t_strength)

[**A. P. J. Abdul Kalam**](http://www.brainyquote.com/quotes/authors/a/a_p_j_abdul_kalam.html)

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[Continuous effort - not strength or intelligence - is the key to unlocking our potential.](http://www.brainyquote.com/quotes/quotes/w/winstonchu385862.html?src=t_strength)

[**Winston Churchill**](http://www.brainyquote.com/quotes/authors/w/winston_churchill.html)

[When we long for life without difficulties, remind us that oaks grow strong in contrary winds and diamonds are made under pressure.](http://www.brainyquote.com/quotes/quotes/p/petermarsh392737.html?src=t_strength)

[**Peter Marshall**](http://www.brainyquote.com/quotes/authors/p/peter_marshall.html)

[Where there is no struggle, there is no strength.](http://www.brainyquote.com/quotes/quotes/o/oprahwinfr133739.html?src=t_strength)

[**Oprah Winfrey**](http://www.brainyquote.com/quotes/authors/o/oprah_winfrey.html)

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[Perhaps I am stronger than I think.](http://www.brainyquote.com/quotes/quotes/t/thomasmert380727.html?src=t_strength)

[**Thomas Merton**](http://www.brainyquote.com/quotes/authors/t/thomas_merton.html)

[Endurance is not just the ability to bear a hard thing, but to turn it into glory.](http://www.brainyquote.com/quotes/quotes/w/williambar186928.html?src=t_strength)

[**William Barclay**](http://www.brainyquote.com/quotes/authors/w/william_barclay.html)

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[Good actions give strength to ourselves and inspire good actions in others.](http://www.brainyquote.com/quotes/quotes/p/plato384491.html?src=t_strength)

[**Plato**](http://www.brainyquote.com/quotes/authors/p/plato.html)

[Don't be afraid to give your best to what seemingly are small jobs. Every time you conquer one it makes you that much stronger. If you do the little jobs well, the big ones will tend to take care of themselves.](http://www.brainyquote.com/quotes/quotes/d/dalecarneg107059.html?src=t_strength)

[**Dale Carnegie**](http://www.brainyquote.com/quotes/authors/d/dale_carnegie.html)

[I think a hero is an ordinary individual who finds strength to persevere and endure in spite of overwhelming obstacles.](http://www.brainyquote.com/quotes/quotes/c/christophe167082.html?src=t_strength)

[**Christopher Reeve**](http://www.brainyquote.com/quotes/authors/c/christopher_reeve.html)

[If your determination is fixed, I do not counsel you to despair. Few things are impossible to diligence and skill. Great works are performed not by strength, but perseverance.](http://www.brainyquote.com/quotes/quotes/s/samueljohn121923.html?src=t_strength)

[**Samuel Johnson**](http://www.brainyquote.com/quotes/authors/s/samuel_johnson.html)

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[Fame is a vapor, popularity an accident, and riches take wings. Only one thing endures and that is character.](http://www.brainyquote.com/quotes/quotes/h/horacegree150676.html?src=t_strength)

[**Horace Greeley**](http://www.brainyquote.com/quotes/authors/h/horace_greeley.html)

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[I think scars are like battle wounds - beautiful, in a way. They show what you've been through and how strong you are for coming out of it.](http://www.brainyquote.com/quotes/quotes/d/demilovato433158.html?src=t_strength)

[**Demi Lovato**](http://www.brainyquote.com/quotes/authors/d/demi_lovato.html)

[The turning point in the process of growing up is when you discover the core of strength within you that survives all hurt.](http://www.brainyquote.com/quotes/quotes/m/maxlerner138970.html?src=t_strength)

[**Max Lerner**](http://www.brainyquote.com/quotes/authors/m/max_lerner.html)

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[This is no time for ease and comfort. It is time to dare and endure.](http://www.brainyquote.com/quotes/quotes/w/winstonchu136426.html?src=t_strength)

[**Winston Churchill**](http://www.brainyquote.com/quotes/authors/w/winston_churchill.html)

[There is little that can withstand a man who can conquer himself.](http://www.brainyquote.com/quotes/quotes/l/louisxiv183417.html?src=t_strength)

[**Louis XIV**](http://www.brainyquote.com/quotes/authors/l/louis_xiv.html)

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[Nothing is so strong as gentleness, nothing so gentle as real strength.](http://www.brainyquote.com/quotes/quotes/s/saintfranc193305.html?src=t_strength)

[**Saint Francis de Sales**](http://www.brainyquote.com/quotes/authors/s/saint_francis_de_sales.html)

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[Only one who devotes himself to a cause with his whole strength and soul can be a true master. For this reason mastery demands all of a person.](http://www.brainyquote.com/quotes/quotes/a/alberteins109788.html?src=t_strength)

[**Albert Einstein**](http://www.brainyquote.com/quotes/authors/a/albert_einstein.html)

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[Anxiety does not empty tomorrow of its sorrows, but only empties today of its strength.](http://www.brainyquote.com/quotes/quotes/c/charlesspu132220.html?src=t_strength)

[**Charles Spurgeon**](http://www.brainyquote.com/quotes/authors/c/charles_spurgeon.html)

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[Scar tissue is stronger than regular tissue. Realize the strength, move on.](http://www.brainyquote.com/quotes/quotes/h/henryrolli381419.html?src=t_strength)

[**Henry Rollins**](http://www.brainyquote.com/quotes/authors/h/henry_rollins.html)

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[As long as we persevere and endure, we can get anything we want.](http://www.brainyquote.com/quotes/quotes/m/miketyson369907.html?src=t_strength)

[**Mike Tyson**](http://www.brainyquote.com/quotes/authors/m/mike_tyson.html)

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[The days of our lives, for all of us, are numbered. We know that. And yes, there are certainly times when we aren't able to muster as much strength and patience as we would like. It's called being human.](http://www.brainyquote.com/quotes/quotes/e/elizabethe413819.html?src=t_strength)

[**Elizabeth Edwards**](http://www.brainyquote.com/quotes/authors/e/elizabeth_edwards.html)

[Thousands have lived without love, not one without water.](http://www.brainyquote.com/quotes/quotes/w/whauden382527.html?src=t_strength)

[**W. H. Auden**](http://www.brainyquote.com/quotes/authors/w/w_h_auden.html)

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[Stand up to your obstacles and do something about them. You will find that they haven't half the strength you think they have.](http://www.brainyquote.com/quotes/quotes/n/normanvinc390722.html?src=t_strength)

[**Norman Vincent Peale**](http://www.brainyquote.com/quotes/authors/n/norman_vincent_peale.html)

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[Does anybody really think that they didn't get what they had because they didn't have the talent or the strength or the endurance or the commitment?](http://www.brainyquote.com/quotes/quotes/n/nelsonmand399086.html?src=t_strength)

[**Nelson Mandela**](http://www.brainyquote.com/quotes/authors/n/nelson_mandela.html)

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[A strong man doesn't have to be dominant toward a woman. He doesn't match his strength against a woman weak with love for him. He matches it against the world.](http://www.brainyquote.com/quotes/quotes/m/marilynmon499755.html?src=t_strength)

[**Marilyn Monroe**](http://www.brainyquote.com/quotes/authors/m/marilyn_monroe.html)

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[Strength is the capacity to break a chocolate bar into four pieces with your bare hands - and then eat just one of the pieces.](http://www.brainyquote.com/quotes/quotes/j/judithvior390004.html?src=t_strength)

[**Judith Viorst**](http://www.brainyquote.com/quotes/authors/j/judith_viorst.html)

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[A mind at peace, a mind centered and not focused on harming others, is stronger than any physical force in the universe.](http://www.brainyquote.com/quotes/quotes/w/waynedyer389290.html?src=t_strength)

[**Wayne Dyer**](http://www.brainyquote.com/quotes/authors/w/wayne_dyer.html)

[A single twig breaks, but the bundle of twigs is strong.](http://www.brainyquote.com/quotes/quotes/t/tecumseh190009.html?src=t_strength)

[**Tecumseh**](http://www.brainyquote.com/quotes/authors/t/tecumseh.html)

[Only the gentle are ever really strong.](http://www.brainyquote.com/quotes/quotes/j/jamesdean387850.html?src=t_strength)

[**James Dean**](http://www.brainyquote.com/quotes/authors/j/james_dean.html)

[Sometimes your disappointments make you a stronger person for the future.](http://www.brainyquote.com/quotes/quotes/b/blankavlas427515.html?src=t_strength)

[**Blanka Vlasic**](http://www.brainyquote.com/quotes/authors/b/blanka_vlasic.html)

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[True strength is delicate.](http://www.brainyquote.com/quotes/quotes/l/louiseberl145598.html?src=t_strength)

[**Louise Berliawsky Nevelson**](http://www.brainyquote.com/quotes/authors/l/louise_berliawsky_nevelso.html)

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[Women are like teabags. We don't know our true strength until we are in hot water!](http://www.brainyquote.com/quotes/quotes/e/eleanorroo135148.html?src=t_strength)

[**Eleanor Roosevelt**](http://www.brainyquote.com/quotes/authors/e/eleanor_roosevelt.html)

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[Kites rise highest against the wind - not with it.](http://www.brainyquote.com/quotes/quotes/w/winstonchu125996.html?src=t_strength)

[**Winston Churchill**](http://www.brainyquote.com/quotes/authors/w/winston_churchill.html)

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[Shallow men believe in luck. Strong men believe in cause and effect.](http://www.brainyquote.com/quotes/quotes/r/ralphwaldo121133.html?src=t_strength)

[**Ralph Waldo Emerson**](http://www.brainyquote.com/quotes/authors/r/ralph_waldo_emerson.html)

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[Confession of errors is like a broom which sweeps away the dirt and leaves the surface brighter and clearer. I feel stronger for confession.](http://www.brainyquote.com/quotes/quotes/m/mahatmagan160878.html?src=t_strength)

[**Mahatma Gandhi**](http://www.brainyquote.com/quotes/authors/m/mahatma_gandhi.html)

[The soul that is within me no man can degrade.](http://www.brainyquote.com/quotes/quotes/f/frederickd101781.html?src=t_strength)

[**Frederick Douglass**](http://www.brainyquote.com/quotes/authors/f/frederick_douglass.html)

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[Life is truly known only to those who suffer, lose, endure adversity and stumble from defeat to defeat.](http://www.brainyquote.com/quotes/quotes/a/anaisnin119018.html?src=t_strength)

[**Anais Nin**](http://www.brainyquote.com/quotes/authors/a/anais_nin.html)

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[One who gains strength by overcoming obstacles possesses the only strength which can overcome adversity.](http://www.brainyquote.com/quotes/quotes/a/albertschw155978.html?src=t_strength)

[**Albert Schweitzer**](http://www.brainyquote.com/quotes/authors/a/albert_schweitzer.html)

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[The resistance that you fight physically in the gym and the resistance that you fight in life can only build a strong character.](http://www.brainyquote.com/quotes/quotes/a/arnoldschw146579.html?src=t_strength)

[**Arnold Schwarzenegger**](http://www.brainyquote.com/quotes/authors/a/arnold_schwarzenegger.html)

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[The men who learn endurance, are they who call the whole world, brother.](http://www.brainyquote.com/quotes/quotes/c/charlesdic154072.html?src=t_strength)

[**Charles Dickens**](http://www.brainyquote.com/quotes/authors/c/charles_dickens.html)

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[The God we serve does not seek out the perfect, but instead uses our imperfections and our shortcomings for his greater good. I am humbled by my own limitations. But where I am weak, He is strong.](http://www.brainyquote.com/quotes/quotes/r/rickperry440810.html?src=t_strength)

[**Rick Perry**](http://www.brainyquote.com/quotes/authors/r/rick_perry.html)

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[Even cowards can endure hardship; only the brave can endure suspense.](http://www.brainyquote.com/quotes/quotes/m/mignonmcla131885.html?src=t_strength)

[**Mignon McLaughlin**](http://www.brainyquote.com/quotes/authors/m/mignon_mclaughlin.html)

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[Heroism is endurance for one moment more.](http://www.brainyquote.com/quotes/quotes/g/georgefke142133.html?src=t_strength)

[**George F. Kennan**](http://www.brainyquote.com/quotes/authors/g/george_f_kennan.html)

[As we advance in life it becomes more and more difficult, but in fighting the difficulties the inmost strength of the heart is developed.](http://www.brainyquote.com/quotes/quotes/v/vincentvan109112.html?src=t_strength)

[**Vincent Van Gogh**](http://www.brainyquote.com/quotes/authors/v/vincent_van_gogh.html)

[My strength is as the strength of ten, because my heart is pure.](http://www.brainyquote.com/quotes/quotes/a/alfredlord153707.html?src=t_strength)

[**Alfred Lord Tennyson**](http://www.brainyquote.com/quotes/authors/a/alfred_lord_tennyson.html)

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[The strong man is the one who is able to intercept at will the communication between the senses and the mind.](http://www.brainyquote.com/quotes/quotes/n/napoleonbo150174.html?src=t_strength)

[**Napoleon Bonaparte**](http://www.brainyquote.com/quotes/authors/n/napoleon_bonaparte.html)

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[A strong woman is a woman determined to do something others are determined not be done.](http://www.brainyquote.com/quotes/quotes/m/margepierc100505.html?src=t_strength)

[**Marge Piercy**](http://www.brainyquote.com/quotes/authors/m/marge_piercy.html)

[We can be tired, weary and emotionally distraught, but after spending time alone with God, we find that He injects into our bodies energy, power and strength.](http://www.brainyquote.com/quotes/quotes/c/charlessta181229.html?src=t_strength)

[**Charles Stanley**](http://www.brainyquote.com/quotes/authors/c/charles_stanley.html)

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[The world is the great gymnasium where we come to make ourselves strong.](http://www.brainyquote.com/quotes/quotes/s/swamivivek213402.html?src=t_strength)

[**Swami Vivekananda**](http://www.brainyquote.com/quotes/authors/s/swami_vivekananda.html)

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[Every calamity is to be overcome by endurance.](http://www.brainyquote.com/quotes/quotes/v/virgil145417.html?src=t_strength)

[**Virgil**](http://www.brainyquote.com/quotes/authors/v/virgil.html)

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[It is the characteristic excellence of the strong man that he can bring momentous issues to the fore and make a decision about them. The weak are always forced to decide between alternatives they have not chosen themselves.](http://www.brainyquote.com/quotes/quotes/d/dietrichbo164690.html?src=t_strength)

[**Dietrich Bonhoeffer**](http://www.brainyquote.com/quotes/authors/d/dietrich_bonhoeffer.html)

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[You can't really be strong until you see a funny side to things.](http://www.brainyquote.com/quotes/quotes/k/kenkesey164010.html?src=t_strength)

[**Ken Kesey**](http://www.brainyquote.com/quotes/authors/k/ken_kesey.html)

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[In all my perplexities and distresses, the Bible has never failed to give me light and strength.](http://www.brainyquote.com/quotes/quotes/r/robertele153230.html?src=t_strength)

[**Robert E. Lee**](http://www.brainyquote.com/quotes/authors/r/robert_e_lee.html)

[He that is not handsome at 20, nor strong at 30, nor rich at 40, nor wise at 50, will never be handsome, strong, rich or wise.](http://www.brainyquote.com/quotes/quotes/g/georgeherb152894.html?src=t_strength)

[**George Herbert**](http://www.brainyquote.com/quotes/authors/g/george_herbert.html)

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[Rudeness is a weak imitation of strength.](http://www.brainyquote.com/quotes/quotes/e/erichoffer152429.html?src=t_strength)

[**Eric Hoffer**](http://www.brainyquote.com/quotes/authors/e/eric_hoffer.html)

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[If I didn't define myself for myself, I would be crunched into other people's fantasies for me and eaten alive.](http://www.brainyquote.com/quotes/quotes/a/audrelorde141922.html?src=t_strength)

[**Audre Lorde**](http://www.brainyquote.com/quotes/authors/a/audre_lorde.html)

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[Don't expect to build up the weak by pulling down the strong.](http://www.brainyquote.com/quotes/quotes/c/calvincool383042.html?src=t_strength)

[**Calvin Coolidge**](http://www.brainyquote.com/quotes/authors/c/calvin_coolidge.html)

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[He who conquers others is strong; He who conquers himself is mighty.](http://www.brainyquote.com/quotes/quotes/l/laotzu383760.html?src=t_strength)

[**Lao Tzu**](http://www.brainyquote.com/quotes/authors/l/lao_tzu.html)

[Insincerity is always weakness; sincerity even in error is strength.](http://www.brainyquote.com/quotes/quotes/g/georgehenr287462.html?src=t_strength)

[**George Henry Lewes**](http://www.brainyquote.com/quotes/authors/g/george_henry_lewes.html)

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[Only by contending with challenges that seem to be beyond your strength to handle at the moment you can grow more surely toward the stars.](http://www.brainyquote.com/quotes/quotes/b/briantracy392666.html?src=t_strength)

[**Brian Tracy**](http://www.brainyquote.com/quotes/authors/b/brian_tracy.html)

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[What is important is to believe in something so strongly that you're never discouraged.](http://www.brainyquote.com/quotes/quotes/s/salmahayek361809.html?src=t_strength)

[**Salma Hayek**](http://www.brainyquote.com/quotes/authors/s/salma_hayek.html)

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[What is exciting is not for one person to be stronger than the other... but for two people to have met their match and yet they are equally as stubborn, as obstinate, as passionate, as crazy as the other.](http://www.brainyquote.com/quotes/quotes/b/barbrastre408650.html?src=t_strength)

[**Barbra Streisand**](http://www.brainyquote.com/quotes/authors/b/barbra_streisand.html)

[Strengthen me by sympathizing with my strength, not my weakness.](http://www.brainyquote.com/quotes/quotes/a/amosbronso163084.html?src=t_strength)

[**Amos Bronson Alcott**](http://www.brainyquote.com/quotes/authors/a/amos_bronson_alcott.html)

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[Strength of character means the ability to overcome resentment against others, to hide hurt feelings, and to forgive quickly.](http://www.brainyquote.com/quotes/quotes/l/lawrenceg125703.html?src=t_strength)

[**Lawrence G. Lovasik**](http://www.brainyquote.com/quotes/authors/l/lawrence_g_lovasik.html)

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[Life is very interesting... in the end, some of your greatest pains, become your greatest strengths.](http://www.brainyquote.com/quotes/quotes/d/drewbarrym129676.html?src=t_strength)

[**Drew Barrymore**](http://www.brainyquote.com/quotes/authors/d/drew_barrymore.html)

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[That which does not kill us makes us stronger.](http://www.brainyquote.com/quotes/quotes/f/friedrichn101616.html?src=t_strength)

[**Friedrich Nietzsche**](http://www.brainyquote.com/quotes/authors/f/friedrich_nietzsche.html)

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[Fortitude is the marshal of thought, the armor of the will, and the fort of reason.](http://www.brainyquote.com/quotes/quotes/f/francisbac100765.html?src=t_strength)

[**Francis Bacon**](http://www.brainyquote.com/quotes/authors/f/francis_bacon.html)

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[This is the mark of a really admirable man: steadfastness in the face of trouble.](http://www.brainyquote.com/quotes/quotes/l/ludwigvanb385032.html?src=t_strength)

[**Ludwig van Beethoven**](http://www.brainyquote.com/quotes/authors/l/ludwig_van_beethoven.html)

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[Every burden is a blessing.](http://www.brainyquote.com/quotes/quotes/w/waltkelly120768.html?src=t_strength)

[**Walt Kelly**](http://www.brainyquote.com/quotes/authors/w/walt_kelly.html)

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[If you learn how to forgive others for not being strong, then people can learn how to forgive you for your own issues.](http://www.brainyquote.com/quotes/quotes/t/tdjakes488820.html?src=t_strength)

[**T. D. Jakes**](http://www.brainyquote.com/quotes/authors/t/t_d_jakes.html)

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[Sure I am of this, that you have only to endure to conquer.](http://www.brainyquote.com/quotes/quotes/w/winstonchu133395.html?src=t_strength)

[**Winston Churchill**](http://www.brainyquote.com/quotes/authors/w/winston_churchill.html)

[Too often the strong, silent man is silent only because he does not know what to say, and is reputed strong only because he has remained silent.](http://www.brainyquote.com/quotes/quotes/w/winstonchu156882.html?src=t_strength)

[**Winston Churchill**](http://www.brainyquote.com/quotes/authors/w/winston_churchill.html)

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[Life asks not merely what you can do; it asks how much can you endure and not be spoiled.](http://www.brainyquote.com/quotes/quotes/h/harryemers385899.html?src=t_strength)

[**Harry Emerson Fosdick**](http://www.brainyquote.com/quotes/authors/h/harry_emerson_fosdick.html)

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[Don't wish me happiness - I don't expect to be happy it's gotten beyond that, somehow. Wish me courage and strength and a sense of humor - I will need them all.](http://www.brainyquote.com/quotes/quotes/a/annemorrow117461.html?src=t_strength)

[**Anne Morrow Lindbergh**](http://www.brainyquote.com/quotes/authors/a/anne_morrow_lindbergh.html)

[The strength of a man's virtue should not be measured by his special exertions, but by his habitual acts.](http://www.brainyquote.com/quotes/quotes/b/blaisepasc159877.html?src=t_strength)

[**Blaise Pascal**](http://www.brainyquote.com/quotes/authors/b/blaise_pascal.html)

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[When I use my strength in the service of my vision it makes no difference whether or not I am afraid.](http://www.brainyquote.com/quotes/quotes/a/audrelorde386877.html?src=t_strength)

[**Audre Lorde**](http://www.brainyquote.com/quotes/authors/a/audre_lorde.html)

[I think I was born strong-willed. That's not the kind of thing you can learn. The advantage is, you stick to what you believe in and rarely get pushed out of what you want to do.](http://www.brainyquote.com/quotes/quotes/j/joanjett360740.html?src=t_strength)

[**Joan Jett**](http://www.brainyquote.com/quotes/authors/j/joan_jett.html)